



Pushing the Limits

Children, Athletics and Ethics

16TH ANNUAL
PEDIATRIC BIOETHICS
CONFERENCE

JULY 23-24, 2021

SPEAKERS

Georgina Campelia PhD
Assistant Professor, Department of Bioethics and Humanities
University of Washington School of Medicine

Akilah Carter-Francique PhD MS
Executive Director, Institute for the Study of Sport, Society and Social Change
Associate Professor, Department of African American Studies
San Jose State University

Douglas S. Diekema MD MPH
Professor, Departments of Pediatrics and Bioethics and Humanities
University of Washington School of Medicine
Co-Director of Education, Treuman Katz Center for Pediatric Bioethics
Seattle Children's Research Institute

Norman Fost MD MPH
Professor Emeritus, Departments of Pediatrics and Medical History and Bioethics
University of Wisconsin School of Medicine and Public Health

Lainie Friedman Ross MD PhD
Carolyn and Matthew Bucksbaum Professor of Clinical Ethics
Professor, Departments of Pediatrics, Medicine, and Surgery
Associate Director, MacLean Center for Clinical Medical Ethics
University of Chicago

David J. Inwards-Breland MD MPH
Professor of Clinical Pediatrics, University of California-San Diego School of Medicine
Chief, Division of Adolescent and Young Adult Medicine
Co-Director, Center for Gender Affirming Care
Rady Children's Hospital

Katrina Karkazis PhD MPH
Senior Visiting Fellow
Global Health Justice Partnership
Yale University

Gregory L. Landry MD
Emeritus Professor of Pediatrics and Sports Medicine
University of Wisconsin School of Medicine and Public Health
Former Head Medical Team Physician, University of Wisconsin Athletic Teams

Thomas H. Murray PhD
President Emeritus
The Hastings Center

Kyle Nagle MD MPH
Associate Professor of Pediatrics and Orthopedics
Departments of Pediatrics, Sports Medicine and Orthopedics
University of Washington School of Medicine

Celeste Quitiquit MD
Clinical Assistant Professor of Pediatrics and Orthopedics
Associate Pediatric Residency Program Director
Co-Medical Director, Seattle Children's Hospital Athletic Training Program
University of Washington School of Medicine

Julian Savulescu, PhD MBBS BMedSci
Uehiro Chair in Practical Ethics
Director, Oxford Uehiro Centre for Practical Ethics
University of Oxford
Visiting Professorial Fellow in Biomedical Ethics, Murdoch Children's Research Institute
Distinguished Visiting Professor in Law, University of Melbourne

Aaron Wightman MD MA
Associate Professor, Division of Bioethics, Department of Pediatrics
University of Washington School of Medicine
Co-Director, of Education, Treuman Katz Center for Pediatric Bioethics
Seattle Children's Research Institute



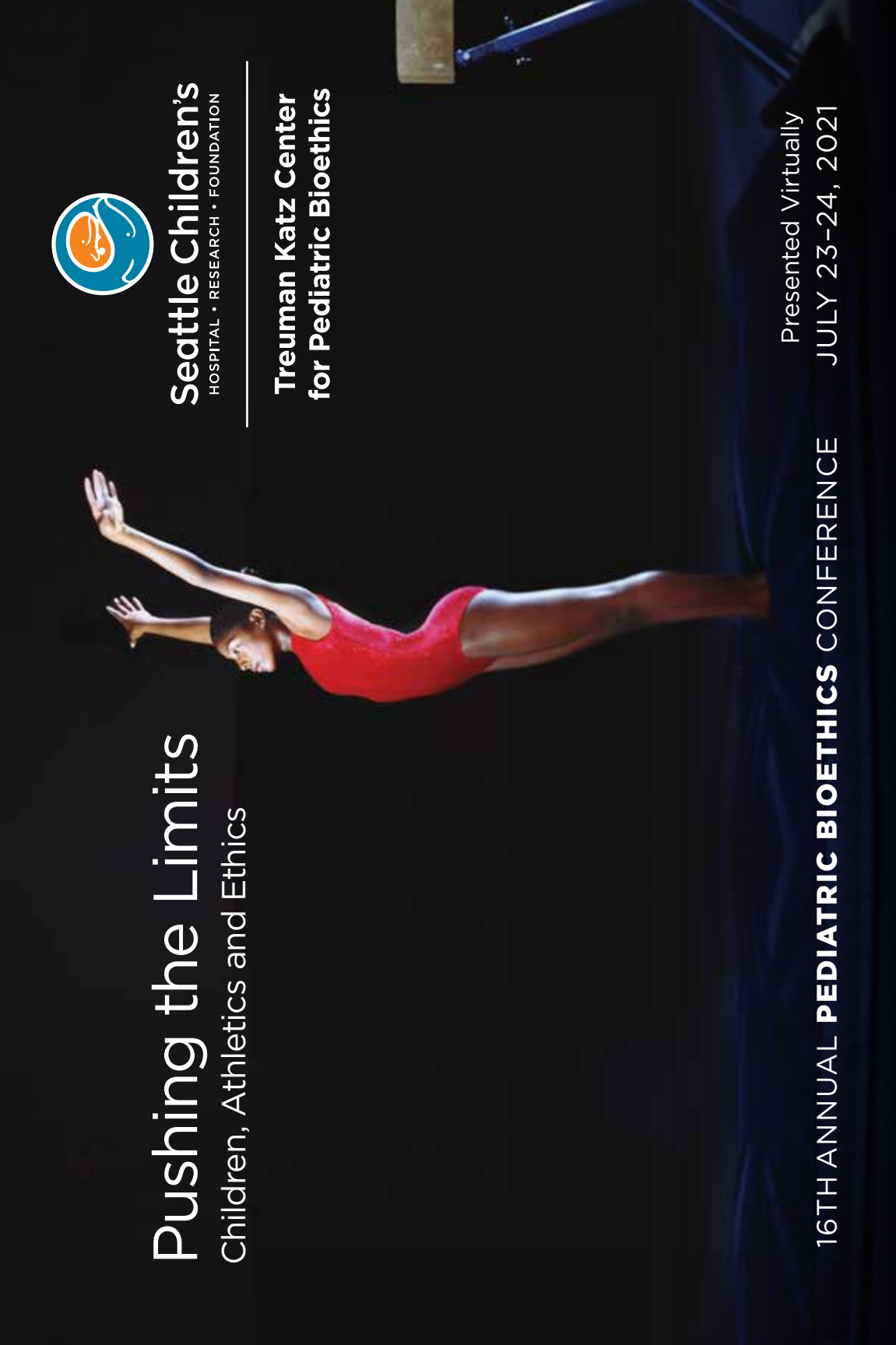
Seattle Children's Mission

We provide **hope**, **care** and **cures** to help every child live the healthiest and most fulfilling life possible.



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Pushing the Limits

Children, Athletics and Ethics



Seattle Children's
HOSPITAL • RESEARCH • FOUNDATION

**Treuman Katz Center
for Pediatric Bioethics**

Presented Virtually
JULY 23-24, 2021

16TH ANNUAL **PEDIATRIC BIOETHICS** CONFERENCE



Are we prioritizing youth athletics over athletes that participate?



Athletics are a central part of the lives of children, adolescents and young adults. Kids are engaging in athletics at younger ages and higher intensities than ever before, bringing a greater understanding of both the benefits and risks of athletic participation. Our latest knowledge has shaped some serious ethical questions.

Speakers will examine the benefits and risks of athletic participation and dive into the implications of inclusion and fairness—or the lack thereof. We will also discuss our roles as health care providers, parents and coaches in creating a healthy environment for children who participate in athletics.

Join us for our 16th Annual Pediatric Bioethics Conference, where we will grapple with ethical issues raised by youth sports such as:

Has the line blurred between disciplined coaching and abuse?

What is the role of bioethics in issues that go beyond medicine?

What constitutes an unfair advantage?

Treuman Katz Center
for Pediatric Bioethics

Has the business of youth athletics led to a “play gap”?

What is the true purpose of youth athletics?

2021 CONFERENCE PLANNING COMMITTEE

- Doug Diekema MD MPH (Co-Chair)
Aaron Wightman MD MA (Co-Chair)
Monique Burton MD
Denise Dudzinski PhD MTS
Devan Duenas MPH
Paul Homer MD
Stephanie Kraft JD
Kate MacDuffie PhD
Kyle Nagle MD MPH
Katie Porter JD MPH
Celeste Quitiquit MD
Jennifer Scott MHA
Margarett Shnorhavorian MD MPH
Diana Wells BA
Benjamin Wilfond MD

DAY 1 • FRIDAY, JULY 23, 2021

8:00	Welcome and Introduction <i>Douglas Opel, MD, MPH</i>	11:40	Good Sport: What Just About Everyone Gets Wrong About Sports, Ethics, and Performance-Enhancing Drugs <i>Thomas Murray, PhD</i>
8:15	Youth Sports: The Whys and the Ways <i>Kyle Nagle, MD</i>	12:20	Break
9:00	Youth and Social Change through Athletics <i>Akilah Carter-Francique, PhD, MS</i>	12:45	A Conversation About Ethical Issues that Arise when Children Participate in Athletics <i>Douglas Diekema, MD, MPH, Moderator</i> <i>Conference Speakers and Audience</i>
9:45	Why Youth Tackle Football Should Not Be Banned <i>Gregory Landry, MD</i>	2:00	Adjourn
10:15	Youth Tackle Football: Taking Consent Seriously <i>Norman Fost, MD, MPH</i>		
10:45	Break		
11:00	Physiological Doping is the Spirit of Sport: To Be Human is to Be Better <i>Julian Savulescu, PhD, MBBS, BMedSci</i>		

In sports designed for “him” or “her” where does that leave “them”?

DAY 2 • SATURDAY, JULY 24, 2021

8:00	Welcome and Introduction <i>Aaron Wightman, MD, MA</i>	10:45	Break
8:15	Access, Equity and Exploitation in Youth Sports <i>Celeste Quitiquit, MD</i>	11:15	Flash Presentations with Authors of Accepted Abstracts
8:45	Fair Play?: Genetic Testing of Athletes <i>Lainie Friedman Ross, MD</i>	Noon	Reflection on Youth Sports: What Bioethics Can Learn from Youth Sports <i>Douglas S. Diekema, MD, MPH</i>
9:15	Eligibility Regulations in Sport: Science, Politics, Ethics <i>Katrina Karkazis, PhD</i>	12:30	Concluding Comments and Adjourn <i>Douglas S. Diekema, MD, MPH</i>
9:45	Transgender/ Non-binary Youth and Sports Participation: A Youth Centered Approach <i>David J. Inwards-Breland, MD, MPH</i>		
10:15	Panel and Questions from the Audience <i>Quitiquit, Ross, Karkazis, Inwards-Breland, Campella</i>		

Is the risk of serious injury reason enough to ban a sport?



PRICING

The registration fee for this virtual conference includes CME credit or certificate of attendance.

General rate	\$150
Students and Trainees	\$25
Seattle Children's employee rate	\$50

REGISTRATION INFORMATION

To register: Visit the conference website, www.seattlechildrens.org/pediatric-bioethics-conference. All participants must preregister by July 20, 2021.

Cancellation policy: You may cancel your registration through July 20, 2021, and receive a full refund, minus a \$10 cancellation fee. No refunds will be issued after July 20.

Questions? Please call 206-884-5733.

ABSTRACT SUBMISSION

We invite submission of abstracts for oral presentation for the conference Flash Presentation Session. Abstracts may be case-based, empirical studies or a conceptual analysis. Presentations can be no more than 10 minutes in length. Strong preference will be given to presentations that fit the theme of the conference.

Submit abstracts (500-word limit) online at www.seattlechildrens.org/pediatric-bioethics-conference by May 14, 2021.

Conference registration fees will be waived for selected presenters.

CME ACCREDITATION

Seattle Children's is accredited by the Washington State Medical Association CME Accreditation Committee to provide continuing medical education for physicians.

Seattle Children's designates this live educational activity for a maximum of 9 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the criteria for up to 9 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

COURSE OBJECTIVES

1. Identify the benefits to children and adolescents from participation in athletic activities, and describe the factors that may undermine those benefits in organized sports.
2. Explore the issues raised by the participation of persons with intersex conditions in sports and the challenges posed by a binary gender-based system for competition.
3. Explain the ways in which inclusion and equity may be undermined by the current structure of youth sports and enhancements.
4. Describe the balance between protection and participation in making decisions about an individual's eligibility to participate in sports activities.