

Teaching ~ Patient Care ~ Research

## Things to Do

Kayaking

Performing Arts

Farmer's Market

Museum

Live Sports

**Festivals** 



Call someone in a cold climate. Put your toes in the sand, and say, "Hey, whatcha doin'? Oh, me? Nothing. Just sitting on the beach."



For More Information: <a href="https://www.visitvirginiabeach.com/plan/area/hampton-roads/">https://www.visitvirginiabeach.com/plan/area/hampton-roads/</a>





